



## Milton Minor Hockey Association – COVID 19 Quarantine Procedure(s)

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### Quarantine Procedure 1 – Participant self declared signs or symptoms or showing signs and symptoms:

Quarantine Period: 14 Days post recognition of signs and symptoms

Who is included in Quarantine: All participants included in said teams 'bubble' or cohort are to be quarantined

Return to play: Participants are permitted to return to play post 14 days from time of quarantine or if they produce a Negative (-) COVID 19 test result

### Quarantine Procedure 2 – Participant exposed to individual who is Positive to COVID 19:

Note: If the Participant who has been exposed has not had contact with any other participant in said teams 'bubble' or cohort, the rest of the participants may continue to attend the on or off ice events

Quarantine Period: 14 Days post recognition of signs and symptoms

Who is included in Quarantine: Individual participant who has been exposed and if applicable all participants included in said teams 'bubble' or cohort, are to be quarantined

Return to play: Participants are permitted to return to play post 14 days from time of quarantine or if they produce a Negative (-) COVID 19 test result

### Quarantine Procedure 3 – Participant who tests Positive to COVID 19:

Note: If the Participant who has been exposed has not had contact with any other participant in said teams 'bubble' or cohort, the rest of the participants may continue to attend the on or off ice events

Quarantine Period: 14 Days from date of positive COVID 19 test

Who is included in Quarantine: Individual participant who has tested positive and if applicable all participants included in said teams 'bubble' or cohort, are to be quarantined

Return to play: Participants are permitted to return to play post 14 days from positive test and after medically cleared by a Doctor

**Reporting:** For Procedure 1,2 and 3 a Incident/Injury report must be completed by the teams designate and forwarded to the MMHA Head Trainer/Communications Officer with-in 12 hours of the incident.